

QUANTUM FITNESS CABLIBRATION PROCEDURE

!WARNING: DURING THE ENTIRE CALIBRATION PROCESS, STAND ON THE PLASTIC SIDE RAILS ONLY! **DO NOT** STAND ON THE TREADMILL WALKING BELT!

1. Turn off treadmill displays (using **Power** key)
2. Press and hold both **Speed** arrow (+ or -) keys for 3 seconds. Release the keys when text SELECT UNITS OR PRESS START TO BEGIN CALIBRATION message begins scrolling.
3. Change unit, if desired by pressing **Units** key.)”Eng represents English units and “Si” represents metric units.)
4. Press **Start**. Speed and incline will calibrate simultaneously.
5. When successfully completed, the text PASSED CALIBRATION will scroll across the Dot Matrix display.
6. Press **Power**. Your treadmill is ready for use.